

# Guiding Questions

Helpful questions to encourage discussion and activities related to Kumukahi videos



Topic: **LAKA**  
 Part of: Akua chapter, Ke Ao Akua realm  
 Host: Keola Akana  
 Guest: Pua Case  
 URL: [http://www.kumukahi.org/units/ke\\_ao\\_akua/akua/laka](http://www.kumukahi.org/units/ke_ao_akua/akua/laka)

## Specific questions

1. What did 'Anakē Pua do as she entered the forest and as she finished her lesson?
2. Why do hula dancers adorn themselves with flowers, leaves, and vines from the forest?
3. Do you ever go to the forest to pick flowers or plants to make lei? How can you show proper respect for the forests—the realm of Laka?
4. 'Anakē Pua describes the meaning of the kuahu, or altar. What is similar about the kuahu and the clothing and adornments 'Anakē Pua is wearing? What is different?
5. What type of feeling do you have when 'Anakē Pua is chanting? How are you supposed to behave when someone is chanting or performing Hawaiian protocol?
6. 'Anakē Pua says Laka is the queen of the forest, the spirit of hula, the creator of movement. Draw or paint a picture that incorporates these images.

## General questions

- What does this video teach us about Hawaiian knowledge and its relevance today?
- How does this video relate to other aspects of Hawaiian culture you've learned or experienced?
- How can we keep these cultural practices alive today and in future generations?