

Guiding Questions

Helpful questions to encourage discussion and activities related to Kumukahi videos



Topic: **ULANA LAU HALA**
 Part of: 'Oihana chapter, Nā Kānaka realm
 Host: Keola Akana
 Guest: Ka'ohu Seto
 URL: http://www.kumukahi.org/units/na_kanaka/oihana/ulana_lau_hala

Specific questions

1. What does ulana lau hala mean? What materials are used?
2. What kinds of things can you make with lau hala?
3. Would you like to use moena (floor mats) at your house instead of carpets or rugs? Why or why not?
4. What is special about traditional Hawaiian pillows? What makes Hawaiian fish baskets different from other styles in the Pacific?
5. Why has ulana lau hala endured from ancient to modern times?
6. Cut some paper into strips and practice weaving different shapes and patterns. Use hala leaves if possible.

General questions

- What does this video teach us about Hawaiian knowledge and its relevance today?
- How does this video relate to other aspects of Hawaiian culture you've learned or experienced?
- How can we keep these cultural practices alive today and in future generations?