

Guiding Questions

Helpful questions to encourage discussion and activities related to Kumukahi videos



Topic: 'ĀINA
 Part of: Ao chapter, Ka Honua realm
 Host: Keola Akana
 Guest: Stacy Sproat Beck
 URL: http://www.kumukahi.org/units/ka_honua/ao/aina

Specific questions

1. What does the word 'āina mean? Besides "land," is there another meaning?
2. 'Anakē Stacy says, "Āina is everything." Why is 'āina so important for Native Hawaiians?
3. Before grocery stores and shopping malls, people grew their food on the 'āina. Today, if there were no supermarkets and restaurants, would your family have enough food to eat? Why or why not?
4. In the video, there's a table stacked with food harvested from the 'āina of Waipā. How is this food different from the produce you would find at a typical grocery store?
5. If you could eat lunch at the ahupua'a of Waipā, what fruits and vegetables would be your first choice?
6. If you had a yard and could plant anything you wanted, what would you choose? With your 'ohana, plan some projects that involve growing food on the 'āina.

General questions

- What does this video teach us about Hawaiian knowledge and its relevance today?
- How does this video relate to other aspects of Hawaiian culture you've learned or experienced?
- How can we keep these cultural practices alive today and in future generations?